



THIS WEEK'S MENU

MONDAY

Daily Choice

Fresh baked jacket potato with a choice of cheddar cheese or Baked Beans

Or

Roasted salmon, butternut and spinach curry with coconut & lime with basmati & wild rice

Dessert

Iced Vanilla sponge

TUESDAY

Daily Choice

Spaghetti Bolognese

Or

Thai sticky sweet chilli noodles

Dessert

Melon Wedge

WEDNESDAY

Daily Choice

Sweet & sour Quorn With steamed rice

Or

Macaroni cheese

Dessert

Fruit jelly

THURSDAY

Daily Choice

Quorn sausage and mash with vegetables

Or

Cauliflower, leek and cheese puff pastry slice

Dessert

Cranberry and poppy seed cookie

FRIDAY

Daily Choice

Cheese & tomato pizza with chunky chips

Or

Vegan sausage roll with chunky chips

Dessert

Jam doughnut

All served with 2 daily fresh vegetables and a salad counter consisting of cucumber, tomatoes, mixed peppers, sweetcorn with a daily variation of coleslaw, mixed leaf lettuce,

Herby potato salad or mixed bean salad.

Daily freshly baked bread always available

Allergen Matrix available, gluten, dairy free alternatives available. Please consult with Mr J for allergy advice

COGNITA

Week Commencing 9/9,30/9,4/11,25/11

