



THIS WEEK'S MENU

MONDAY

Daily Choice

Jacket Potato with Cheddar Cheese or Baked Beans

Alternative

Goats cheese, spinach and tomato puff pastry tart

Daily Seasonal Vegetables

Freshly Made Salad Bar and Home Baked Bread

Pudding

Chocolate Fudge cake

TUESDAY

Daily Choice

Quorn Chicken Curry with steamed rice & naan bread

Alternative

Stir fry vegetables and rice noodles

Daily Seasonal Vegetables

Freshly Made Salad Bar and Home Baked Bread

Pudding

Cinnamon Swirl Cookie

WEDNESDAY

Daily Choice

Cottage Pie

Alternative

Tomato & basil penne pasta

Daily Seasonal Vegetables

Freshly Made Salad Bar and Home Baked Bread

Pudding

Lemon & ginger sponge

THURSDAY

Daily Choice

Quorn Sausage Roast dinner with Yorkshire pudding

Alternative

Butternut squash, red pepper & rosemary savoury crumble

Daily Seasonal Vegetables

Freshly Made Salad Bar and Home Baked Bread

Pudding

Apple pie & custard

FRIDAY

Daily Choice

Macaroni cheese

Alternative

Chilli with steamed rice

Daily Seasonal Vegetables

Freshly Made Salad Bar and Home baked Bread

Pudding

Raspberry ripple ice cream

Salad Bar items – Cucumber, Tomatoes, Sweetcorn, Mixed Leaves, Coleslaw, Beetroot, Potato Salads, Pasta Salads, Rice Salads, Seeds.

Homemade Bread Variety – White, Brown, Wholemeal & Seeded.

Yogurt and Fresh Fruit Available Daily.

COGNITA

Week commencing: 9/9,30/9,11/11,2/12

