



THIS WEEK'S MENU

MONDAY

Daily Choice

Jacket Potato with cheddar cheese or baked beans

Alternative

Quorn chicken & vegetable pie

Daily Seasonal Vegetables

Freshly Made Salad Bar and Home Baked Bread

Pudding

Coconut biscuit

TUESDAY

Daily Choice

Bolognese pasta bake

Alternative

Herby vegetable rice

Daily Seasonal Vegetables

Freshly Made Salad Bar and Home Baked Bread

Pudding

Banana loaf with toffee icing

WEDNESDAY

Daily Choice

Tuna & cheese Tasca bread melts

Alternative

Coconut noodles

Daily Seasonal Vegetables

Freshly Made Salad Bar and Home Baked Bread

Pudding

Spiced carrot cake

THURSDAY

Daily Choice

Quorn meatball casserole with mash

Alternative

Cauliflower & sweet potato cheesy cakes

Daily Seasonal Vegetables

All served with Seasonal Vegetables and Salad Bar

Pudding

Apple & plum crumble with custard

FRIDAY

Daily Choice

Fish fingers with potato wedges

Alternative

Quorn sausage roll with baked beans

Daily Seasonal Vegetables

All served with Seasonal Vegetables and Salad Bar

Pudding

Raspberry jelly

Salad Bar items – Cucumber, Tomatoes, Sweetcorn, Mixed Leaves, Coleslaw, Beetroot, Potato Salads, Pasta Salads, Rice Salads, Seeds.

Homemade Bread Variety – White, Brown, Wholemeal & Seeded.

Yogurt and Fresh Fruit Available Daily.

COGNITA

Week commencing: 23/9,14/10,4/11,25/11

