



THIS WEEK'S MENU

MONDAY

Daily Choice

Jacket Potato with Cheddar Cheese or Baked beans

Alternative

Roasted Salmon & King Prawn noodles

Daily Seasonal Vegetables

Freshly Made Salad Bar and Home Baked Bread

Pudding

Melon Medley

TUESDAY

Daily Choice

Quorn Chicken Curry with steamed rice & Naan

Alternative

Tomato and Herb Pasta

Daily Seasonal Vegetables

Freshly Made Salad Bar and Home Baked Bread

Pudding

Victoria sponge

WEDNESDAY

Daily Choice

Macaroni Cheese

Alternative

Smokey BBQ Roasted vegetable mini fajitas

Daily Seasonal Vegetables

Freshly Made Salad Bar and Home Baked Bread

Pudding

Ginger flapjack

THURSDAY

Daily Choice

Quorn Sausage Roast dinner with Yorkshire pudding

Alternative

Loaded Potato skins with cheese and leek

Daily Seasonal Vegetables

All served with Seasonal Vegetables and Salad Bar

Pudding

Apple & red cherry pie with cream

FRIDAY

Daily Choice

Cod Fish Fingers with potato wedges

Alternative

Quorn chilli & rice

Daily Seasonal Vegetables

All served with Seasonal Vegetables and Salad Bar

Pudding

Shortbread biscuit

Salad Bar items – Cucumber, Tomatoes, Sweetcorn, Mixed Leaves, Coleslaw, Beetroot, Potato Salads, Pasta Salads, Rice Salads, Seeds.

Homemade Bread Variety – White, Brown, Wholemeal & Seeded.

Yogurt and Fresh Fruit Available Daily.

COGNITA

Week commencing: 20/1,10/2,2/3,23/3

