



# THIS WEEK'S MENU

## MONDAY

### Daily Choice

Jacket Potato with Cheddar Cheese or Baked Beans

### Alternative

Roasted vegetable & tomato puff pastry slice

Daily Seasonal Vegetables

Freshly Made Salad Bar and Home Baked Bread

### Pudding

Mint choc chip sponge

## TUESDAY

### Daily Choice

Quorn sausage curry with golden vegetable rice

### Alternative

Sweet potato & red pepper mozzarella crumble

Daily Seasonal Vegetables

Freshly Made Salad Bar and Home Baked Bread

### Pudding

Sprinkle cake

## WEDNESDAY

### Daily Choice

Fish pie with potato topping

### Alternative

Tomato & herb pasta

Daily Seasonal Vegetables

Freshly Made Salad Bar and Home Baked Bread

### Pudding

Melon wedge

## THURSDAY

### Daily Choice

Quorn fillet Roast dinner with Yorkshire pudding

### Alternative

Loaded potato skins with sweetcorn, cheddar & chive

Daily Seasonal Vegetables

All served with Seasonal Vegetables and Salad Bar

### Pudding

Jamaica ginger cake

## FRIDAY

### Daily Choice

Quorn burger with potato wedges

### Alternative

Tuna salad wraps

Daily Seasonal Vegetables

All served with Seasonal Vegetables and Salad Bar

### Pudding

Shortbread biscuit

Salad Bar items – Cucumber, Tomatoes, Sweetcorn, Mixed Leaves, Coleslaw, Beetroot, Potato Salads, Pasta Salads, Rice Salads, Seeds.

Homemade Bread Variety – White, Brown, Wholemeal & Seeded.

Yogurt and Fresh Fruit Available Daily.

# COGNITA

Week commencing: 7/9,28/9,2/11,23/11

