



# THIS WEEK'S MENU

## MONDAY

### Daily Choice

Jacket Potato with Cheddar Cheese or Baked beans

### Alternative

Sweetcorn & basil quiche

Daily Seasonal Vegetables

Freshly Made Salad Bar and Home Baked Bread

### Pudding

Gingerbread biscuit

## TUESDAY

### Daily Choice

Quorn Chicken Curry with steamed rice & Naan

### Alternative

Smokey BBQ enchiladas

Daily Seasonal Vegetables

Freshly Made Salad Bar and Home Baked Bread

### Pudding

Carrot cake

## WEDNESDAY

### Daily Choice

Macaroni Cheese

### Alternative

Quorn chicken chow mien

Daily Seasonal Vegetables

Freshly Made Salad Bar and Home Baked Bread

### Pudding

Cinnamon cookie

## THURSDAY

### Daily Choice

Cottage pie

### Alternative

Pea, mint & feta cheese risotto

Daily Seasonal Vegetables

All served with Seasonal Vegetables and Salad Bar

### Pudding

Apple & Pear spiced crumble with custard

## FRIDAY

### Daily Choice

Fish & Chips

### Alternative

Cheesy Pasta twists

Daily Seasonal Vegetables

All served with Seasonal Vegetables and Salad Bar

### Pudding

Vanilla ice cream

Salad Bar items – Cucumber, Tomatoes, Sweetcorn, Mixed Leaves, Coleslaw, Beetroot, Potato Salads, Pasta Salads, Rice Salads, Seeds.

Homemade Bread Variety – White, Brown, Wholemeal & Seeded.

Yogurt and Fresh Fruit Available Daily.

**COGNITA**

Week commencing: 21/9,12/10,16/11,7/12

