



THIS WEEK'S MENU

MONDAY

Daily Choice

Jacket Potato with Cheddar Cheese or Baked beans

Alternative

Roasted Salmon and crispy vegetable pilau rice

Daily Seasonal Vegetables

Freshly Made Salad Bar and Home Baked Bread

Pudding

Melon Wedge

TUESDAY

Daily Choice

Quorn Chicken Curry with steamed rice & Naan

Alternative

Tomato and Herb Pasta quills

Daily Seasonal Vegetables

Freshly Made Salad Bar and Home Baked Bread

Pudding

Carrot cake

WEDNESDAY

Daily Choice

Macaroni Cheese

Alternative

Tuna Salad wraps

Daily Seasonal Vegetables

Freshly Made Salad Bar and Home Baked Bread

Pudding

Sticky Ginger sponge

THURSDAY

Daily Choice

Quorn Sausage Roast dinner with Yorkshire pudding

Alternative

Loaded Potato skins with cheese and leek

Daily Seasonal Vegetables

All served with Seasonal Vegetables and Salad Bar

Pudding

Apple & red cherry pie with cream

FRIDAY

Daily Choice

Cod Fish Fillet with chips and peas

Alternative

Meatballs in a tomato & herb sauce & rice

Daily Seasonal Vegetables

All served with Seasonal Vegetables and Salad Bar

Pudding

Shortbread biscuit

Salad Bar items – Cucumber, Tomatoes, Sweetcorn, Mixed Leaves, Coleslaw, Beetroot, Potato Salads, Pasta Salads, Rice Salads, Seeds.

Homemade Bread Variety – White, Brown, Wholemeal & Seeded.

Yogurt and Fresh Fruit Available Daily.

COGNITA

Week commencing: 13/3,26/4,17/5,14/6,5/7

