



THIS WEEK'S MENU

MONDAY

Daily Choice

Fresh baked jacket potato with a choice of cheddar cheese or Baked Beans

Or

Panzanella
Chick pea & feta salad with toasted pumpkin seeds and basil dressing

Dessert

Iced Vanilla sponge

TUESDAY

Daily Choice

Quorn Chicken Tikka Masala with golden vegetable rice

Or

Roasted pepper, pesto and mozzarella Panini

Dessert

Melon Wedge

WEDNESDAY

Daily Choice

Creamy Cod pie with a sweet potato crust

Or

Pasta twists with a tomato & herb sauce

Dessert

Mixed Berry custard tart

THURSDAY

Daily Choice

Quorn sausage roast with fresh vegetables, mashed potato & onion gravy

Or

Onion Bhaji flatbreads with cucumber and mint salad

Dessert

Sultana cookie

FRIDAY

Daily Choice

Quorn Burger with chunky chips

Or

Roasted Aubergine Linguine with sun dried tomato, chilli and garlic

Dessert

Jam doughnut

With a salad counter consisting of cucumber, tomatoes, mixed peppers, sweetcorn with a daily variation of coleslaw, mixed leaf lettuce, Herby potato salad or mixed bean salad.

Daily freshly baked bread always available

Allergen Matrix available, gluten, dairy free alternatives available. Please consult with Mr J for allergy advice

COGNITA

Week Commencing 17/1,7/2,7/3,28/3

