



THIS WEEK'S MENU

MONDAY

Daily Choice

Fresh baked jacket potato with a choice of cheddar cheese or Tuna Mayo

Or

Quorn chicken Tandoori wrap with lemon mayo

Dessert

Strawberry jelly

TUESDAY

Daily Choice

Vegetable meatballs in a tomato and herb sauce with Tagliatelle

Or

Chinese style vegetable noodles with bamboo shoots

Dessert

Ginger flapjack

WEDNESDAY

Daily Choice

3 cheese, basil & chive pasta quills

Or

Salmon en crouete With spinach & mushroom filling

Dessert

Fruit Salad

THURSDAY

Daily Choice

Quorn Fillet roast dinner with vegetables & Yorkshire pudding

Or

Loaded jacket with cheese & leek

Dessert

Shortbread biscuit

FRIDAY

Daily Choice

Margherita Pizza with garlic potato wedges

Or

Sweet potato falafel with pitta bread, salad and herb dressing

Dessert

Vanilla ice cream

With a salad counter consisting of cucumber, tomatoes, mixed peppers, sweetcorn with a daily variation of coleslaw, mixed leaf lettuce, Herby potato salad or mixed bean salad.

Daily freshly baked bread always available

Allergen Matrix available, gluten, dairy free alternatives available. Please consult with Mr J for allergy advice

COGNITA

Week Commencing 24/1,21/2,14/3

