



THIS WEEK'S MENU

MONDAY

Daily Choice

Fresh baked jacket potato with a choice of cheddar cheese or Baked beans

Or

Humous with toasted pitta, and spiced Quorn strips

Dessert

Iced cinnamon swirl

TUESDAY

Daily Choice

Quorn mince and onion shortcrust pastry pie

Or

Tuna salad tortilla wrap

Dessert

Pineapple upside down cake

WEDNESDAY

Daily Choice

Roasted vegetable and tomato pasta shells

Or

Creamy Quorn Chicken and mushroom casserole with poppy seed dumplings

Dessert

Gingerbread biscuit

THURSDAY

Daily Choice

Quorn Sausage roast with Yorkshire pudding and vegetables

Or

Spicy Mexican bean puff pastry roll

Dessert

Eton mess

FRIDAY

Daily Choice

Fish fingers with skinny fries and peas

Or

BBQ pulled Oumph in tortilla shells (Veggie Pulled pork)

Dessert

Chocolate sponge

With a salad counter consisting of cucumber, tomatoes, mixed peppers, sweetcorn with a daily variation of coleslaw, mixed leaf lettuce, Herby potato salad or mixed bean salad.

Daily freshly baked bread always available

Allergen Matrix available, gluten, dairy free alternatives available. Please consult with Mr J for allergy advice

COGNITA

Week Commencing 31/1, 28/2, 21/3

