



THIS WEEK'S MENU

MONDAY

Daily Choice

Fresh baked jacket potato with a choice of cheddar cheese or Baked Beans

Or

Prawn, mango & avocado summery salad

Dessert

Coconut & raspberry sponge

TUESDAY

Daily Choice

Spaghetti Bolognese

Or

Roasted pepper, cranberry & Brie baguette

Dessert

Shortbread biscuit

WEDNESDAY

Daily Choice

Triple cheese macaroni bake

Or

Salmon and sun dried tomato fishcake with quinoa vegetable salad

Dessert

Fresh fruit salad

THURSDAY

Daily Choice

Quorn sausage roast with minted peas and potato & carrot mash

Or

Mixed bean & spiced rice Burrito

Dessert

Cinnamon flapjack

FRIDAY

Daily Choice

Classic cheese & tomato pizza with chunky chips

Or

Garlic & rosemary pancakes with a creamed mushroom and spinach filling

Dessert

Jam doughnut

With a salad counter consisting of cucumber, tomatoes, mixed peppers, sweetcorn with a daily variation of coleslaw, mixed leaf lettuce, Herby potato salad or mixed bean salad.

Daily freshly baked bread always available

Allergen Matrix available, gluten, dairy free alternatives available. Please consult with Mr J for allergy advice

COGNITA

Week Commencing 25/4,16/5,13/6,4/7

