



THIS WEEK'S MENU

MONDAY

Daily Choice

Fresh baked jacket potato with a choice of cheddar cheese or Tuna Mayo

Or

Quorn chicken with lemon & herb mayo crispy salad beetroot wrap

Dessert

Choc chip cookie

TUESDAY

Daily Choice

Lasagne with garlic bread

Or

Stir fry vegetable noodles

Dessert

Melon medley

WEDNESDAY

Daily Choice

Vegetable meatball curry with golden rice & naan bread

Or

Roasted vegetable and feta cheese flatbreads

Dessert

Victoria sponge

THURSDAY

Daily Choice

Quorn Fillet roast dinner with vegetables & Yorkshire pudding

Or

Herby sweet potato & chick pea puff pastry roll

Dessert

Orange jelly

FRIDAY

Daily Choice

Fish & chips with peas

Or

Butternut squash & oumph tagine with citrus cous cous

Dessert

Vanilla ice cream

With a salad counter consisting of cucumber, tomatoes, mixed peppers, sweetcorn with a daily variation of coleslaw, mixed leaf lettuce, Herby potato salad or mixed bean salad.

Daily freshly baked bread always available

Allergen Matrix available, gluten, dairy free alternatives available. Please consult with Mr J for allergy advice

COGNITA

Week Commencing 2/5,23/5,20/6,11/7

