



THIS WEEK'S MENU

MONDAY

Daily Choice

Fresh baked jacket potato with a choice of cheddar cheese or Tuna Mayo

Or

Butternut squash and coconut curry with steamed rice

Dessert

Iced Vanilla sponge

TUESDAY

Daily Choice

Spaghetti Bolognese

Or

Garlic mushroom, herb and mozzarella puff pastry slice

Dessert

Melon Wedge

WEDNESDAY

Daily Choice

Red lentil chilli with fried vegetable rice

Or

Tomato and roasted red pepper pasta quills

Dessert

Fruit jelly

THURSDAY

Daily Choice

Quorn sausage and mash with vegetables

Or

Sweet potato falafel flatbreads with salad and curry mayo

Dessert

Mixed spice cookie

FRIDAY

Daily Choice

Quorn Burger with chunky chips

Or

Cauliflower and sweet potato cheesy bake

Dessert

Jam doughnut

With a salad counter consisting of cucumber, tomatoes, mixed peppers, sweetcorn with a daily variation of coleslaw, mixed leaf lettuce, Herby potato salad or mixed bean salad.

Daily freshly baked bread always available

Allergen Matrix available, gluten, dairy free alternatives available. Please consult with Mr J for allergy advice

COGNITA

Week Commencing 16/1,6/2,6/3,27/3

