



# THIS WEEK'S MENU

## MONDAY

Daily Choice

Jacket potato with cheddar cheese or baked beans

Or

Tandoori spiced Quorn stir fried vegetable rice

Dessert  
Lemon sponge

## TUESDAY

Daily Choice

Lasagne with garlic bread

Or

Tuna salad wrap

Dessert  
Melon wedge

## WEDNESDAY

Daily Choice

Quorn chicken curry with steamed rice and naan bread

Or

Roasted pepper and mozzarella panini melt

Dessert  
Choc chip cookie

## THURSDAY

Daily Choice

Shepherd's pie with vegetables

Or

Leek and broccoli cheddar pastry slice

Dessert  
Gingerbread biscuit

## FRIDAY

Daily Choice

Fish fingers chips with peas

Or

Macaroni cheese

Dessert  
Fruit jelly

With a salad counter consisting of cucumber, tomatoes, mixed peppers, sweetcorn with a daily variation of coleslaw, mixed leaf lettuce, Herby potato salad or mixed bean salad.

Daily freshly baked bread always available

Allergen Matrix available, gluten, dairy free alternatives available. Please consult with Mr J for allergy advice

**COGNITA**

Week Commencing 23/1,20/2,13/3

