



THIS WEEK'S MENU

MONDAY

Daily Choice

Fresh baked jacket potato with a choice of cheddar cheese or Tuna Mayo

Or

Goats cheese and marmalade crumpets with a toasted seed and rocket salad

Dessert
Melon Wedge

TUESDAY

Daily Choice

Red lentil and sweet potato curry with golden rice

Or

Pasta bows with a tomato and herb sauce

Dessert
Fruity Flapjack

WEDNESDAY

Daily Choice

Spaghetti Bolognese

Or

Panini melt
Filled with 3 cheese and tomato

Dessert
Chocolate chip shortbread

THURSDAY

Daily Choice

Quorn Fillet Roast with baby potatoes Yorkshire pudding and vegetables

Or

Loaded potato skins with cheddar and spring onion

Dessert
Gingerbread biscuit

FRIDAY

Daily Choice

Quorn Burger with chunky chips

Or

Spicy Mexican bean roll

Dessert
Vanilla ice cream

With a salad counter consisting of cucumber, tomatoes, mixed peppers, sweetcorn with a daily variation of coleslaw, mixed leaf lettuce, Herby potato salad or mixed bean salad.

Daily freshly baked bread always available

Allergen Matrix available. Gluten, dairy free alternatives available. Please consult with Mr J for allergy advice

COGNITA

Week Commencing 1/5,22/5,19/6,10/7

